



Helios Wellness

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How to Use the Valant Patient Portal Patient Guide

Helios Psychiatry, Inc. uses Valant Medical's electronic health records software. This HIPPA compliant software allows us to safely store your health information as well as communicate with you confidentially. All health related communication must take place using Valant Patient Portal. Email and text messaging should never be used to communicate medically sensitive or private information.

To use the Valant Patient Portal, here's what you'll need to know:

1. If you have not received an invitation to Valant Patient Portal please contact info@helioswellness.co immediately.
2. To log-in visit <https://www.valantmed.com/Portal/Helios>
3. If you forget your password or unable to reset an existing password please contact info@helioswellness.co

Communication

To send a secure message to your provider, log in and click on the message tab. Then click on "Open Secure Messaging"

Helios Psychiatry

Home Clinical Documents Billing Account Settings Practice Paper Work Locations Messages (0)

Secure Messaging

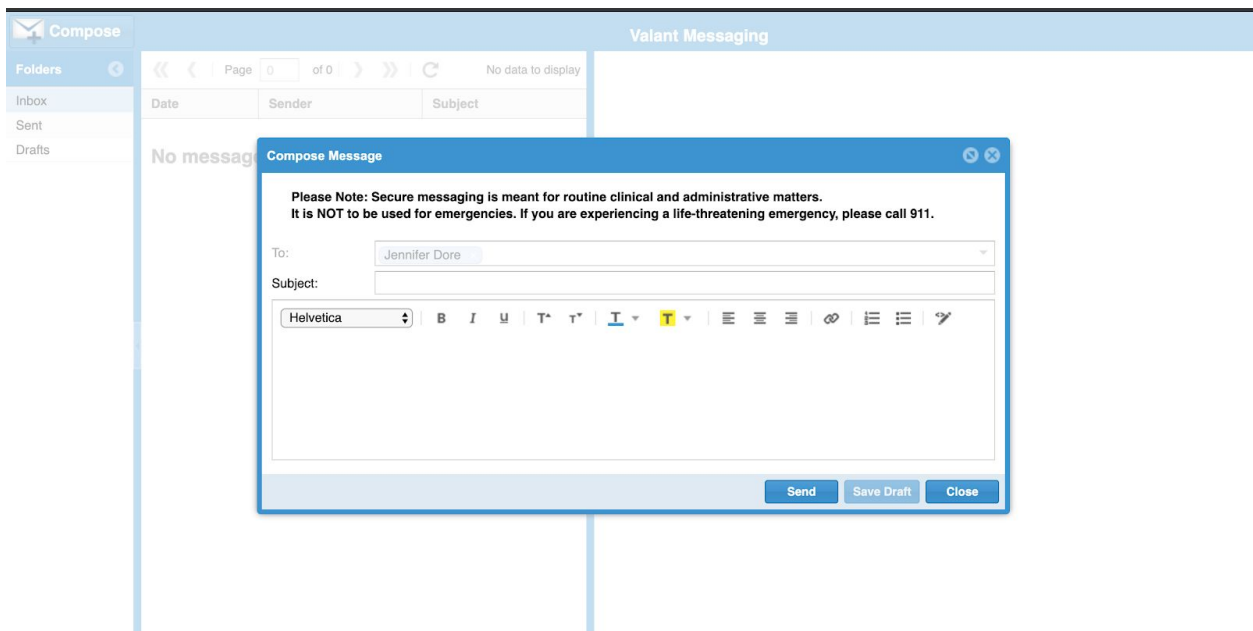
You have no unread secure messages.

Please Note: Secure messaging is meant for routine clinical and administrative matters. It is not to be used for emergencies. If you are experiencing a life threatening emergency, please call "911".

[Open Secure Messaging](#)

(If a new window or tab does not open, you may have to disable your popup blocker.)

By clicking the "Compose" button within your Secure Messaging portal you will be able to initiate a communication with your provider:



Remember: secure messaging is meant for routine and administrative matters. It is not to be used for emergencies. If you are experiencing a life threatening emergency please contact 911

Billing

Outstanding balance statements as well as “Superbills” are posted to your Patient Portal. Click on the “Billing” tab to find statements. If you require a statement that does not appear in your Billing tab, please email billing@helioswellness.co

To pay an overdue balance please visit <https://www.heliospsychiatry.com/secure-portal>

Appointments

Helios does not use Valant for scheduling appointments. Instead we use Acuity Scheduling”. To schedule an appointment please contact your provider, or visit <https://www.heliospsychiatry.com/book-appointment>

If you have any questions please contact info@helioswellness.co